**POISON PREVENTION**

**HOME SAFETY CHECK LIST**

**Emergency Phone Numbers**
Post emergency phone numbers in a highly visible area of your home & program them into your cell phone contact list

- ☐ Emergency Services: 911
- ☐ Local Poison Center: 1-800-222-1222
- ☐ Doctor’s office:
- ☐ Local Police Department:
- ☐ Local Fire Department:
- ☐ Electric/Gas Company:
- ☐ Pet Poison Helpline:

**HOME POISON PREVENTION**

Most poisonings happen at home & other residences
Children under the age of 5 years old are at the highest risk for accidental poisoning
Prepare for the unexpected

**SAFETY TIPS**

- ✓ Carbon monoxide detectors should be installed on the ceiling in hallways near bedrooms & at least 15-20 feet away from heating sources
- ✓ Smoke alarms should be placed in the hallway near bedrooms as well
- ✓ Check smoke alarms & carbon monoxide detectors twice a year and change batteries
- ✓ Over-the-counter & prescription medications can be dangerous with unintended use. Store all medication out of sight & reach of small children and vulnerable adults, preferably in a locked cabinet or box
- ✓ Keep medicines & household cleaning products in their original, labeled, and child-resistant containers
- ✓ Follow label instructions & warnings on medications and household products
- ✓ Marijuana edible & products containing THC should be stored like medication & kept out of reach & sight of children
- ✓ Avoid taking medication or giving medication to others when & where children are present
- ✓ When medication are in use, keep open containers within your sight & close immediately after use
- ✓ Avoid distractions when taking or administering medication to avoid dosing errors & medication loss
- ✓ Keep purses, totes & backpacks off of the floor where children & pets may be present
- ✓ NEVER put medication in diaper bags
- ✓ Keep doors closed & locked or use child safety barriers to keep small children out of high risk areas of the home like:
  - Kitchen
  - Bathroom
  - Basement/Laundry room
  - Garage
  - Yard
- ✓ Always use child safety locks & latches on cabinet doors where household cleaning products and chemicals are stored
- ✓ Store poisonous products away from food to avoid confusion
- ✓ Do not mix household products & chemicals together
- ✓ Do not provide small children with cleaning or disinfecting products to help clean
- ✓ Before allowing small children to play in other homes or locations, check for safety hazards
- ✓ Bring child safety locks/latches for use in other homes & locations
- ✓ Use child-resistant caps/packaging correctly, but remember child-resistant does not mean that they are child-proof
- ✓ Keep all medicines, cosmetics & household products up high & out of reach of children & vulnerable adults

*Contact your local poison center for poison prevention advice & educational resources by calling the Poison Help Hotline
Protecting all members in your household is your priority

Be prepared & call your local poison center for more information & resources

When the unexpected happens, your poison center is here to help with free, confidential, expert advice 24/7/365

Almost all household products & medication can cause poisoning

Check your home room-by-room for hazards
See the list below for common household hazards & where they may be found in your home

**Bathroom**
- Air fresheners
- Body lotions/cream
- Body oil
- Cosmetics
- Hair products
- Hydrogen peroxide
- Medications
- Mouthwash/rinse
- Nail polish/remover
- Rubbing alcohol
- Shampoo/hair products
- Shaving cream
- Soap/body wash
- Sunscreen
- Shower/bath cleaner
- Toilet bowl cleaner
- Toothpaste

**Bedroom**
- Antiperspirant/deodorant
- Cologne/Perfume
- Cosmetics
- Essential oils
- Jewelry cleaner
- Medications (*sleeping aids)
- Mothballs

**Garage, Basement, Workshop**
- Antifreeze/windshield washer fluid
- Carbon monoxide/gases
- Fertilizer
- Gasoline/motor oil
- Ice melt/rock salt
- Insect repellent
- Kerosene
- Lamp oil
- Lighter fluid
- Limyfe
- Paint/paint thinner
- Pesticides
- Pool chemicals
- Rodenticides
- Rust remover
- Sporting supplies/tackle
- Turpentine
- Weed Killers

**Laundry Room**
- Adhesive glue/remover
- Bleach
- Disinfectants
- Fabric softener/dryer sheets
- Laundry detergent/pods
- Stain remover

**Kitchen**
- Alcoholic beverages/Liquor
- Ammonia
- Dish washing liquid/detergent
- Disinfectants
- Drain opener
- Furniture polish
- Hand sanitizer
- Household cleaning products
- Marijuana edibles
- Medications/vitamins/herbs/supplements
- Metal cleaner
- Natural gas/propane
- Oven cleaner
- Soaps/detergents
- Scouring pads/cleaners/powders
- Spoiled food

**Living/Family Room**
- Antiperspirant/deodorant
- Cologne/Perfume
- Cosmetics
- Essential oils
- Jewelry cleaner
- Medications (*sleeping aids)
- Mothballs

**Outdoors**
- Plant/flowers/bulbs/berries
- Poison ivy/oak/sumac
- Spiders/snakes
- Wild mushrooms

**POISON HELP HOTLINE**
1-800-222-1222