



POISON PREVENTION

HOME SAFETY CHECK LIST



Emergency Phone Numbers

Post emergency phone numbers in a highly visible area of your home & program them into your cell phone contact list

- | | |
|---|--|
| <input type="checkbox"/> Emergency Services: 911 | <input type="checkbox"/> Emergency Contact(s): |
| <input type="checkbox"/> Local Poison Center: 1-800-222-1222 | 1. _____ |
| <input type="checkbox"/> Doctor's office: | 2. _____ |
| _____ | <input type="checkbox"/> Electric/Gas Company: |
| <input type="checkbox"/> Local Police Department: | _____ |
| _____ | <input type="checkbox"/> Pet Poison Helpline: |
| <input type="checkbox"/> Local Fire Department: | _____ |
| _____ | |

HOME POISON PREVENTION

Most poisonings happen at home & other residences

Children under the age of 5 years old are at the highest risk for accidental poisoning

Prepare for the unexpected

SAFETY TIPS

- ✓ Carbon monoxide detectors should be installed on the ceiling in hallways near bedrooms & at least 15-20 feet away from heating sources
- ✓ Smoke alarms should be placed in the hallway near bedrooms as well
- ✓ Check smoke alarms & carbon monoxide detectors twice a year and change batteries
- ✓ Over-the-counter & prescription medications can be dangerous with unintended use. Store all medication out of sight & reach of small children and vulnerable adults, preferably in a locked cabinet or box
- ✓ Keep medicines & household cleaning products in their original, labeled, and child-resistant containers
- ✓ Follow label instructions & warnings on medications and household products
- ✓ Marijuana edible & products containing THC should be stored like medication & kept out of reach & sight of children
- ✓ Avoid taking medication or giving medication to others when & where children are present
- ✓ When medication are in use, keep open containers within your sight & close immediately after use
- ✓ Avoid distractions when taking or administering medication to avoid dosing errors & medication loss
- ✓ Keep purses, totes & backpacks off of the floor where children & pets may be present
- ✓ NEVER put medication in diaper bags
- ✓ Keep doors closed & locked or use child safety barriers to keep small children out of high risk areas of the home like:
 - Kitchen
 - Bathroom
 - Basement/Laundry room
 - Garage
 - Yard
- ✓ Always use child safety locks & latches on cabinet doors where household cleaning products and chemicals are stored
- ✓ Store poisonous products away from food to avoid confusion
- ✓ Do not mix household products & chemicals together
- ✓ Do not provide small children with cleaning or disinfecting products to help clean
- ✓ Before allowing small children to play in other homes or locations, check for safety hazards
- ✓ Bring child safety locks/latches for use in other homes & locations
- ✓ Use child-resistant caps/packaging correctly, but remember child-resistant does not mean that they are child-proof
- ✓ Keep all medicines, cosmetics & household products up high & out of reach of children & vulnerable adults

*Contact your local poison center for poison prevention advice & educational resources by calling the Poison Help Hotline

POISON HELP HOTLINE
1-800-222-1222



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POISON HAZARDS

Almost all household products & medication can cause poisoning

Check your home room-by-room for hazards

See the list below for common household hazards & where they may be found in your home

Bathroom

Air fresheners
Body lotions/cream
Body oil
Cosmetics
Hair products
Hydrogen peroxide
Medications
Mouthwash/rinse
Nail polish/remover
Rubbing alcohol
Shampoo/hair products
Shaving cream
Soap/body wash
Sunscreen
Shower/bath cleaner
Toilet bowl cleaner
Toothpaste

Laundry Room

Adhesive glue/remover
Bleach
Disinfectants
Fabric softener/dryer sheets
Laundry detergent/pods
Stain remover

Outdoors

Plants/flowers/bulbs/berries
Poison Ivy/oak/sumac
Spiders/snakes
Wild mushrooms

Bedroom

Antiperspirant/deodorant
Cologne/Perfume
Cosmetics
Essential oils
Jewelry cleaner
Medications (*sleeping aids)
Mothballs

Kitchen

Alcoholic beverages/Liquor
Ammonia
Dish washing liquid/detergent
Disinfectants
Drain opener
Furniture polish
Hand sanitizer
Household cleaning products
Marijuana edibles
Medication/vitamins/herbals/supplements
Metal cleaner
Natural gas/propane
Oven cleaner
Soaps/detergents
Scouring pads/cleansers/powders
Spoiled food

**Garage,
Basement,
Workshop**

Antifreeze/windshield washer fluid
Carbon monoxide/gases
Fertilizer
Gasoline/motor oil
Ice melt/rock salt
Insect repellent
Kerosene
Lamp oil
Lighter fluid
Limel/lye
Paint/paint thinner
Pesticides
Pool chemicals
Rodenticides
Rust remover
Sporting supplies/tackle
Turpentine
Weed Killers

 **Living/Family
Room**
Batteries/button batteries
Disinfectants
Diffuser oils
E-cigarettes
Hand sanitizer
House plants
Liquid nicotine
Tobacco products

Protecting all members in your household is your priority

Be prepared & call your local poison center for more information & resources

When the unexpected happens, your poison center is here to help with free, confidential, expert advice 24/7/365